



PROCLAIMING THE NAME OF JESUS

We have been having a wonderful summer sharing the love and hope found in Jesus Christ!



In May, the ladies had a retreat at Camp Wapo in Wisconsin. "Anchored in Hope", Hebrews 6:19, was the focus of the weekend.

The Spirit of the Lord was moving, creating breakthroughs during a craft called "Broken Pieces of Me." There was so much joy and laughter as the women built strong bonds with each other while they bravely shared their testimonies. They spent their time in The Word, making s'mores, gazing at the stars, studying the Bible, in worship, and hiking in the woods, which was a new thing for the city ladies! God's amazing creation was discovered at a deeper level for our women! This amazing event was possible because of our amazing donors! Thank you for providing this life-changing experience!

"SPEAK TRUTH"

In May, Metro Hope did our first presentation, **SPEAK TRUTH**, at Concordia Academy in Roseville, a Christian Highschool. Cammy, Reed, and Shayna shared their stories of addiction and the truth of Jesus over addiction. At Metro Hope, we believe that Jesus is the answer to every problem we face, including addiction. We shared our stories of loneliness, the deaths of 2 brothers-one to suicide, depression, and unworthiness. We talked about having a safe person to be truthful with like a parent, coach, youth group leader, even a counselor. We received many "Thank You's", and "this message is so important for our kids". Satan does not discriminate as he roams around looking for someone to devour including our kids who love Jesus and grow up in a Christian home. **SPEAK TRUTH** is our hope that today's kids will never need a place like Metro Hope but instead, cling to Jesus, the One who loves them most!



Metro Hope would love to come to your school or youth group to **SPEAK TRUTH**!

Metro Hope also shared with a church this summer during the service. We would love to come to your church, Bible Study Group, or even a small gathering at your location.

God does SO MUCH at Metro Hope that we just can't keep it a secret!

contact Cammy at cammy@metrohope.org

PLEASE JOIN US!



Metro Hope's Ride for Recovery, Saturday, August 17, 2024
Rockpoint Church, Lake Elmo. 9am-Registration, 10am-ride through Wisconsin, 12:30pm-lunch, program, and raffle!

Details and registration at metrohope.org/events

This is a very fun event that brings people to hear about Jesus as testimonies are shared by our graduates! **Thank you to our sponsors:** Luther Automotive, Swanson Meats, Dart Advantage Warehousing, Blaze Credit Union, Against the Odds, KTIS, Freedomworks, Swedes, Damascus Way, Rockpoint Church, Maranatha Forest Lake, Timbercraft.

Ride for Recovery



Annual Gala

Metro Hope's Annual Gala celebrating 98 years of the Faithfulness of God!
Friday, September 13, 2024

5pm Silent Auction, 6pm dinner and life-changing graduate stories of God's faithfulness
Midland Hills Country Club, Roseville, MN

Details and registration at metrohope.org/events

**If you would like to sponsor the gala or donate to the silent auction, contact Cammy, cammyo@metrohope.org*

<https://metrohope.org/gala>



Saturday, Sept 21, 9am is our
free **Pancake Breakfast** at
Metro Hope, 2739 Cedar Ave S.
Mpls 55407
no registration necessary



Bring your family and friends
for a delicious breakfast and
powerful Jesus stories from
our graduates!
free-will offering available

Domestic violence and addiction often go hand-in-hand. You may remember that we lost one of our graduates, Corrina, last year by the hand of her husband. She was a beacon for Jesus! Even though we have always taught Domestic Violence classes, our prayer was for a Bible-based curriculum. God heard our prayers! One day Jody Cowdin came to our door, a survivor of domestic violence. Out of the ashes has come the beauty of God's truth over domestic violence in her book, "Overcoming Domestic Abuse". The biggest hurdle for our women is understanding their identity in Jesus Christ then believing that they are loved and priceless to their Heavenly Father. **Jody compares us to a diamond, a lump of coal transformed under pressure and heat. "You are a beautiful and precious jewel. You may have seen yourself as broken, scarred, and no more beautiful than a lump of coal. But God is lifting you up so His light can shine on you to reveal every facet of the beauty He has created in you. What is forming in you is beautiful and holy. You are worthy of being called His own. You are no longer a victim but a precious and most valuable diamond held securely in God's hand. That is who you are."** This has been such a rewarding class for our women and staff, who are also working through the book! Letting go of the lies that have held them in bondage is difficult, but God's love is breaking through! It is amazing to watch someone begin to believe that they are worthy and precious, not deserving of abuse. We are so grateful to God and to Jody, who has been leading this class. Jody shared that she has never seen the amount of support our ladies give to each other! **To God be the glory!**

God is a good and faithful Father! We are grateful for Him and for you, our family. You generously give your prayers, time and talents, and your finances so that God can bring healing and restoration over His children. His Kingdom IS growing! Thank you and God bless you!

Cammy Oren, Board President

DONATE



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